

Property Owners Association of The Villages
General Membership Meeting
May 20, 2025

Called to order: by Cliff Wiener, President, at 7:00 pm.

- Board members present: Dan Warren and Gary Search; excused: Reb Benson, Ken Knodel, Tita Dumagsa and Jerry Ferlisi.
- Members present: Approximately 50.
- Organizations present: Sun Kool, Rate Reverse and Realty Executives.
- Membership meeting minutes and Treasurer report deferred.
- Raffle: Deferred.

Announcements:

- Cliff introduced various representatives in the room: Mark Hayes and himself as District Supervisors and Dan Warren as North Sumter County Utility Dependent District Supervisor.
- Cliff mentioned POA meetings are live streamed and available the next day on the POA website and Facebook page. All meetings have been recorded since June 2019. Adding that District meetings will start to be video recorded in July.
- Cliff mentioned the 50th anniversary of the POA is coming up in November and that we are the longest running group in The Villages.
- Cliff recommended that if you have not signed up for e-notifications at DistrictGov.Org, that you should, especially with hurricane season approaching. Can chose from many topics that would be of interest to you to stay informed.
- Cliff mentioned there will be information in the June Bulletin about changes as the POA moves "into the 21st century" with improvements on keeping residents informed.
- Member Meetings at Laurel Manor. Cliff mentioned Dr. Curtis on Alzheimer's research in June; Bradley Arnold on the Sumter County budget in July; Dr. Anderson in September; and, Sheriff Breedon in October.
- Member Meetings at Everglades. Cliff mentioned Dr. Young on another topic in July.

Questions: None

Speaker: Dr. John Young, Young Foundational Health Center, talked about his background into the medical field that lead him into treating people from a biochemical versus pharmaceutical standpoint. He is about finding better ways to treat patients – such as via stem cell therapy – while cutting patient costs. His main discussion points (related to stroke and dementia):

- Immunomodulators cannot go past the blood brain barrier. He mentioned a California doctor, using old medical data, found vascular-related information that via an injection 1/4 inch under the skin in the back allowed the drug to get thru the blood brain barrier. Dr. Young said one of this doctor's patients with a severe stroke received the medication and had a successful recovery and that a study that doctor conducted showed that 70% of the patients had improvement from this method of treatment.
- Dr. Young mentioned cases he has provided the immunomodulator drug to...having about a 70% success rate. Such as a Michigan friend a few months after his stroke and near normal now, a woman with an ocular stroke with near 20-20 vision now and a woman in a lot of pain 3 years after her stroke with some right leg/arm movement and much less pain now.
- With a stroke the rate of dementia goes up about 25%. He gave a Parkinson-Lewy Bodies patient umbilical cord stem cells thru the vertebral vascular system, plus exosomes (core

blood stem cells), and after 16 weeks the patient was much improved. Did the same for a dementia patient applying regenerative capability via stem cell therapy. Has also found that 4-Aminopyridine (4-AP)...used to study various potassium conductance's in physiology and biophysics...can be helpful in any neurological condition.

- Other researchers have taken Brain-Derived Neurotrophic Factor (BDNF)...a protein that influences brain function... and injected it directly into the mid-brain area and the brain started making dopamine.
- University of California San Diego announced a similar procedure where they inject BDNF into the hippocampus (learning/memory) part of the brain with good results. He talked to them about collaborating on efforts where his process costs about \$6,000 to \$8,000 versus \$50,000 for theirs, and they declined. He mentioned stem cells can make BDNF...just not sure yet how many stem cells are required.
- As he sees it, there are other ways to treat conditions, such as stroke, that by targeting the cell membrane and the immune system we can improve the overall health of a patient.
 - This method for treating dementia, Parkinson and Lewy Bodies is better than coming up with drugs that reduce amyloid plaque and tangles in the brain.
 - Expect to see more of these biochemical processes in the next 7 to 10 years.
- Questions, pertinent ones:
 - Has any of this information been provided to Secretary of Health and Human Services?
Ans: Not yet, but have sent a letter to Mr. Kennedy and using Professor Hollick at Boston University to get the word out.
 - Better to go thru the lumbar versus the brain? **Ans:** Best via a ¼ inch below the skin injection in the back.
 - Any common denominator? **Ans:** No, but did find that 4-Aminopyridine does help some. Also finding that some embryonic related treatments can be beneficial.
 - Any risks or side effects associated with the procedures? **Ans:** Monoclonal antibodies destroy the immune system when taken over time, but not for limited use.

Cliff thanked Dr. Young for an excellent presentation and for changing to the May speaker since Dr Curtis had to be at a meeting at the White House this month. There was a Motion to adjourn the meeting at 8:03pm that was seconded and unanimously approved. Submitted (via video review) by: Reb Benson, Secretary