

Property Owners Association of The Villages
General Membership Meeting-South
July 3, 2025

Called to order: by Cliff Wiener, President, at 7:00 pm.

- Board members present: Dan Warren Reb Benson and Gary Search; excused: Ken Knodel, Tita Dumagsa and Jerry Ferlisi.
- Members present: Approximately 25.
- Organizations present: Seniors vs Crime and Realty Executives.
- Membership meeting minutes and Treasurer report deferred.

Announcements:

- Cliff mentioned POA meetings are live streamed and available the next day on the POA website and Facebook page. All meetings have been recorded since around June 2021.
- Cliff mentioned if having any work done on your house to contact Seniors vs Crime, can save you time and money on knowing if any issues with the folks you are contracting with.
- Cliff mentioned the 50th anniversary of the POA, the longest running group in The Villages, is in November and that we are having a celebration on October 21st at Laurel Manor Recreation Center with most of our advertisers in attendance also. The advertisers and POA will have give-away items and there will be a grand prize raffled off. We are looking for volunteers to help – please email Cliff or see him after the meeting if interested.
- Cliff mentioned the POA is moving “into the 21st century” with improvements on keeping residents informed. Last driveway Bulletin is in September. Starting October there will be a POA magazine available – the first of each month and printable – online and emailed to residents that have signed up either as a member or a guest. Please go to the new website (villagespoa.org) and click on new member or guest to register or click on password reset if current member to re-register.
- Cliff mentioned the Vial of Life program by Sumter County Sheriff’s office, stating he promised Sheriff Breedon we would help get these to all residents; that we had them in the back for anyone to take home. He added that Marion County has a similar program.
- Cliff recommended that if you have not signed up for e-notifications at DistrictGov.Org, that you should, especially since we are in hurricane season. Can chose from many topics that would be of interest to you to stay informed.
- Member Meetings at Laurel Manor. Cliff mentioned Bradley Arnold on the Sumter County budget on July 15th; no meeting in August; and Dr. Anderson in September.
- Member Meetings at Everglades. Cliff mentioned Sheriff Breedon in October.

Questions: None

Speaker: Dr. John Young, Young Foundational Health Center, talked about his background into the medical field that lead him into treating people from a biochemical versus pharmaceutical standpoint. He is about finding better ways to treat patients – such as via stem cell therapy – while cutting patient costs. His main discussion points:

- There are different types of stem cells – fat, amniotic fluid, placenta tissue, etc. – but he uses umbilical cord stem cells...because you know how many cells you are getting and they have been tested for 17 different diseases.
- Stem cells can become any tissue it needs to – they look for the damaged area and go to work. He cautioned not to use stem cells from women that had the COVID vaccine and don’t use lidocaine at the injection site or be on a Statin drug – they both kill stem cells.
- Stem cells in joints...70% to 80% success rate...examples:
 - Himself...bad knee from tennis (meniscus tears/bone-on-bone). After 3 months, playing tennis; after 6 months, MRI showed most tears healed and cartilage had grown back.

- Knee replacement patient...left knee good, right knee still painful. After 4 weeks, no more pain, stem cells had broken down scar tissue around the artificial knee.
- Patient with burn scar tissue on ankle/foot. After 3 weeks, scar tissue soft and mobility in big toe and foot back to normal.
- Stem cells in abdomen...example: patient with Crohn's disease. Injected into scar tissue resulting in a 1 ½ hour surgical procedure to repair the disease vs. estimated 9-hour procedure.
- Stem cells for neurological conditions (injected 1/4 inch under the skin in the back – via the vertebral vascular system - cells get thru blood brain barrier)...70% success rate...examples:
 - Young daughter of friend with seizures. After 1 year, neurologist said no more seizures, was able to go off drugs used to only control (not stop) the seizures.
 - Patient with seizures/headaches after brain tumor surgery. After a couple months, seizures/headaches gone along with scar tissue from the surgery.
 - Patient with severe headaches, after all medication options. After 4 days, no more headaches.
- For neurological diseases steroids are the most used option - which controls inflammation but does not solve the issue.
- Pakistan Doctor (about 2008) reversed Parkinson's by injecting Brain-Derived Neurotrophic Factor (BDNF). Can get BDNF only for research studies and its very expensive. But it is also true that umbilical cord stem cells can produce BDNF.
- Sloan Kettering in April (and about that time, University of California at San Diego) announced they had reversed Parkinson's using BDNF. He talked to University of California on collaborating efforts, where his process costs about \$6,000 to \$8,000 versus \$50,000 for theirs, and they declined...it is about the money and pharmaceuticals wanting to use drugs to treat, not solve, the condition.
- Stem cells for other neurological cases (about 10 Parkinson's and 10 Alzheimer's in the last 3 to 4 years)...75% success rate...examples:
 - Parkinson-Lewy Bodies patient...stem cells plus exosomes (core blood stem cells). After 16 weeks, much improved; added 4-Aminopyridine (used to study various potassium conductance's in physiology and biophysics) and after 6 months, no Lewy Bodies.
 - Alzheimer's patient...same stem cell therapy. After 6 months, back to normal.
 - Lou Gehrig's patient...same treatment. After 6 months, no wheelchair and normal speech.
- As he sees it, there are other ways to treat conditions that by targeting the cell membrane and the immune system we can improve the overall health of a patient. Stem cells for:
 - Treating dementia, Parkinson and Lewy Bodies is better than coming up with drugs that reduce amyloid plaque and tangles in the brain.
 - Regrowing cartilage is better than knee replacement.
- Expect to see more on biochemical processes in the next 7 to 10 years.
- Questions, pertinent ones:
 - How do you get the stem cells? **Ans:** Shipped in dry ice and are in a cloudy liquid.
 - Is it usually a one-time treatment? **Ans:** Yes, and the procedure usually takes about 6 minutes and then follow up visits to see how they have improved.
 - How do you know how many stem cells to give a patient? **Ans:** Five years ago, the standard was 5 million per patient, now it is about 30 million. The body generates stems cells from the ones injected, so no need to give too many. Other factors related to a person's bio-chemistry along with weight will determine the number of stem cells.
 - How long have you been working with stem cells? **Ans:** About 10 years.

There was a Motion to adjourn the meeting at 8:20pm that was seconded and unanimously approved.
Submitted by: Reb Benson, Secretary