

## General Membership Meeting Summary July 2026

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| <b>July 21, 2026</b><br><b>7:00 p.m.</b><br>Location: Rohan Rec Center<br>Members/Guests Present: ~ 75                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>BOD Present:</b> Warren, Wiener, O'Farrell. <b>Board Members Present:</b> Kadow, Search. | <b>Organizations Present:</b> Realty Executives                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Presenter:</b> <i>Norman Anderson, MD</i><br><i>CEO, Robert Boissoneault Oncology Institute</i><br><i>Topic: Low Dose Radiation for Osteoarthritis</i> |
| <b>Business Portion:</b> <ul style="list-style-type: none"> <li>• Dan Warren opened the meeting with welcoming remarks.</li> <li>• Introduction of the POA Board.</li> <li>• Local government officials and those involved in local government were asked to introduce themselves and to identify their role.</li> <li>• Attendees were encouraged to contact a Board member if they have an interest in or would like more information on how to assist the POA.</li> <li>• Gary Kadow encouraged attendees to stay informed by attending their district CDD meetings.</li> <li>• Upcoming POA meeting dates and speakers were announced.</li> <li>• Information on the October 1 Bingo event was presented.</li> <li>• Open forum for questions unrelated to the speaker's topic.</li> <li>• Cliff Wiener introduced the evening's speaker, Dr. Norman Anderson.</li> </ul> |                                                                                             | <b>Presentation Highlights:</b> <ul style="list-style-type: none"> <li>• Osteoarthritis (OA) is the most common arthritis type, affecting 32.5M in the United States.</li> <li>• Risk factors: family history; past injuries (torn ligaments, dislocated joints); age &gt;50; overweight; occupation involving kneeling/climbing/heavy lifting; ladies are twice as likely to develop osteoarthritis; being post-menopausal.</li> <li>• Treatment with low dose radiation (LDR) goes back as far as 1898 and was used worldwide until the 1960's when anti-inflammatory drugs diminished its use in the United States. Meanwhile, Europe and Germany continued to use LDR.</li> <li>• Decreased physical activity can contribute to other medical conditions.</li> <li>• OA is estimated to cost those affected \$11,000 in annual personal expense.</li> <li>• Two factors determine treatment success: dose size and length between doses.</li> <li>• Dr. Anderson explained in more technical detail how the low-dose process works.</li> <li>• Expect 60%-90% positive response to symptoms in 8-12 weeks after completion of one two-week course (6 treatments) of LDR.</li> <li>• LDR for a non-cancer diagnosis is approved by Medicare and most insurance.</li> <li>• Dr. Anderson was available to answer questions following his presentation.</li> </ul> |                                                                                                                                                           |